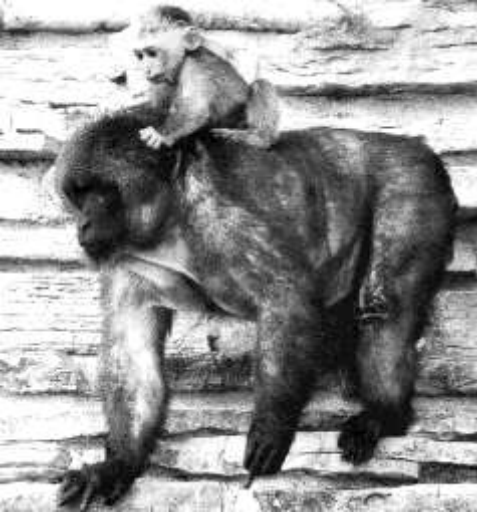


# Dialogue in motion – implications for communication



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## Man and animal (primates) – Dialogue

- The base for nonverbal communication/interaction can be discovered in the early development of primates already
- Patterns of arousal and cooling-down are reciprocal from the very beginning
- They are corresponding to patterns of intuitive care-taking
- The quality of bonding is reciprocal as well and is created from both sides: mother and baby

# Man and animal (primates) - relation

- Negative Social Interactions are the most common cause of stress: conflicts arouse the level of stress significantly more than physical stress.
- Positive social interaction – especially if facilitated by physical contact and touch – lowers stress levels
- Tension and arousal can be socially influenced and modulated
- „Touch“ reduces anxiety and signifies support
- Differentiation in temperaments and similarities in emotions, facilitate moments of understanding between Man and animal



## Man and Horse - Dialogue

- Within the dialogue in motion between Man and Horse reconnection to early nonverbal and interactive experiences is possible (Klüwer)
- The relationship between adult, child and horse is triangular: tonal and face to face dialogue is facilitated as well as triangular interaction



## Man and Horse – Relation



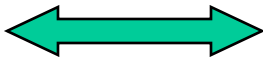
- To explore movements together communicates support and understanding
- People agree unconsciously upon a well known networking process – like a key within the lock – that invites you to communicate and to interact
- Children actively built up relation through trust in partners

Luca is understanding



# Horse Child: nonverbal (tonal) Dialogue

- Intuitive attunement of reciprocal movements
- Stimulation of responsive sensory and movement systems
- Kinesthetic Identification
- Contact/touch serves as a signal of social support and facilitates relaxation

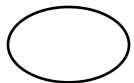
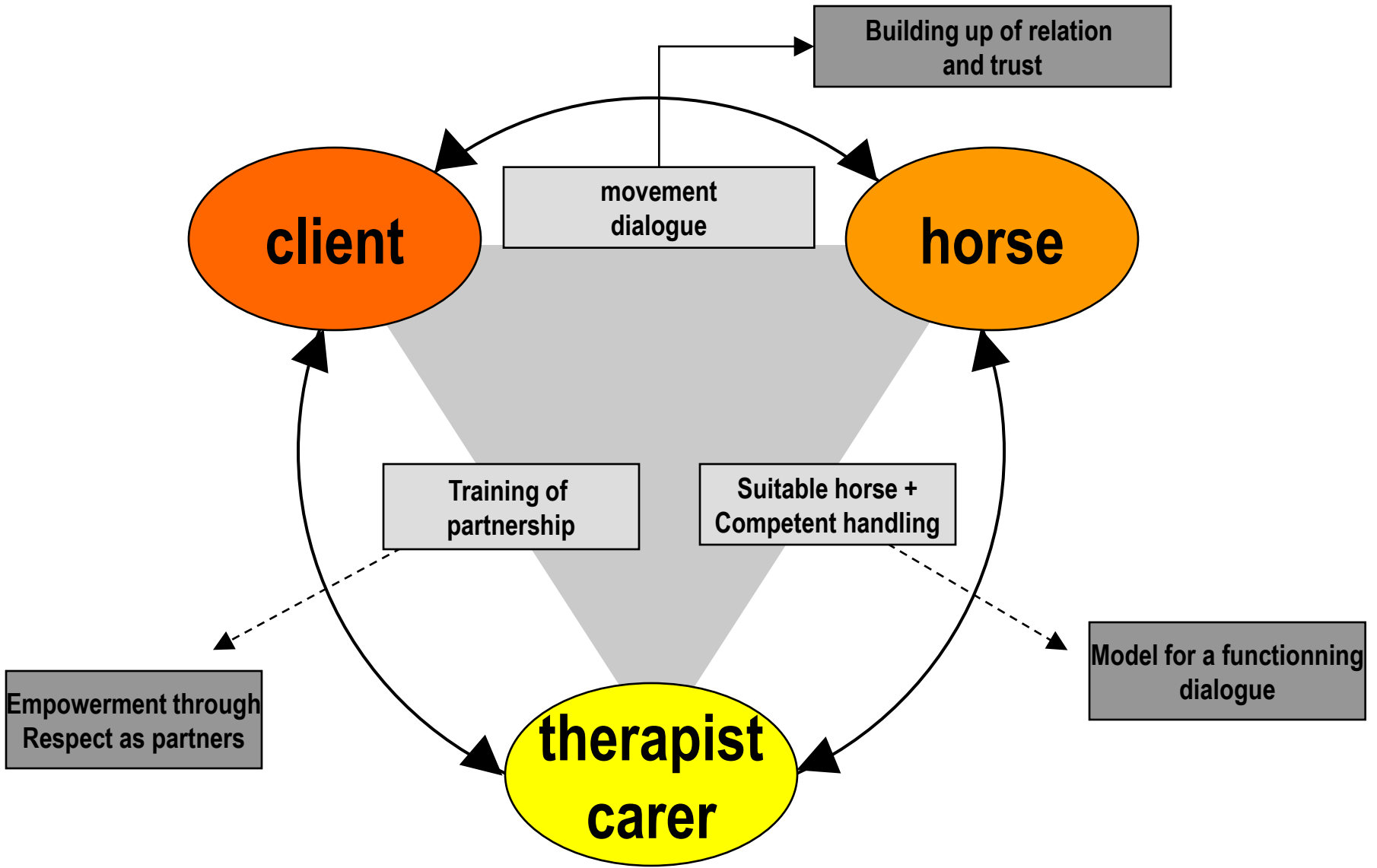
**Child  therapist/carer:  
face to face Dialogue (Dyade) – „biological“  
mirror**

- Mirroring (reinforcing, repeting, exaggerating) – positive emotions mainly
- Demonstration and Imitation
- Emotional conotation of situations and objects



# **Child – Horse – Therapist/Carer : Triangle of Relation, Dialogue and Interaction**

- You can not not communicate !
- alternating behaviour and interaction patterns
- co-active behaviour and interaction patterns



Interacting partners



Prerequisites for obtaining goals



goals







# **Empowerment within a Dialogue**

- There are only poor evaluations and successful therapy can rarely be described as caused by specific methods
- The Quality of Dialogue and Therapeutic Relationship is important for successful and effective therapy
- Respect for competencies in coping with the own handicap and respect for Self-management and Self-regulation
- Respect the interactive initiatives of relation building and the autonomy of the child
- Establish proper rites and continuity
- Empowerment through Acceptance and Stimulation



Questions

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Thanks for your attention !